

Sept. - Oct. 2022
Newsletter

East Harlem Council for Human Services, Inc.



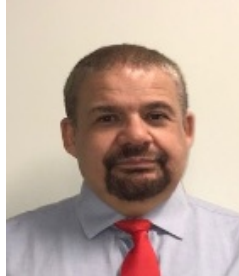
Make sure to follow us on our social media!



A Message From Our CEO

Un Mensaje de Nuestro Director Ejecutivo

Arturo Perez



Arturo Perez

Greetings,

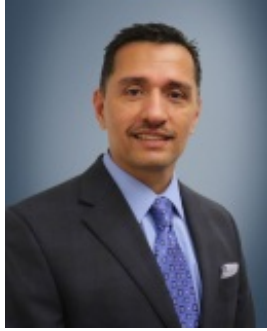
Hispanic Heritage Month is observed every year from September 15th to October 15th. Observance in the United States began in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was then expanded by President Ronald Reagan in 1988 to cover a 30-day period. For this year the theme adopted by the National Institutes of Health (NIH) community for Hispanic Heritage Month to embody the spirit of our times is -- **Unidos: Inclusivity for a Stronger Nation**. The theme of Hispanic Heritage Month as expressed by the NIH is a reminder that “ *diversity is our strength, signifies from where we have come, and informs what we must still do.*” This year at our annual staff development day we followed a similar theme of “Together, we Conquer and are Stronger (Unidos, Conquistamos y Somos Fuerte).” It is important to reflect on our history and acknowledge all the work that was done together in the spirit of inclusivity to bring us to where we are now in an ever expanding mission to set our vision and develop our core values.

Brief History and Overview of East Harlem Council for Human Services, Inc./ Boriken Neighborhood Health Center

East Harlem Council for Human Services, Inc. (EHCHS) has been providing services to the residents of East Harlem for almost 60 years. EHCHS was established in 1965 and in the mid 1970s, EHCHS created the Boriken Neighborhood Health Center (BNHC) to address the tremendous need for affordable, culturally appropriate primary health care in this community. Boriken has since developed into a high quality community-based health care provider, which provides comprehensive services and coordinated referrals to the members of its community. In addition to the Health Center, EHCHS operates the Boriken School Health Program with clinics in three local elementary schools, a WIC Program, a Bilingual Head Start Program with two sites, and a Senior Nutrition Program at Casabe Houses.

EHCHS is the largest grass roots, multi-services not-for-profit in East Harlem. Having survived a period of severe fiscal mismanagement and hardship in the 1980s resulting in significant liabilities a new administration assumed leadership in 1990 turning the organization around. Since then EHCHS has experienced continuous growth and evolution to become the thriving institution which it is today. By continuing its strong history of diverse, committed, and highly competent community-based leadership, fiscal responsibility and accountability at all levels, and commitment to the self-determination of this institution and the East Harlem community at large, EHCHS is positioning itself for continued growth in the increasingly competitive health care environment, thereby renewing its commitment to the residents of El Barrio and ensuring that the Health Center and its sister programs will be here to provide affordable quality comprehensive services in East Harlem for many more decades.

Boriken Neighborhood Health Center currently provides high quality fully bilingual comprehensive health services to an estimated more than 13,000 residents of East Harlem and other underserved New York communities each year. Boriken Neighborhood Health Center has occupied its current facility since 2014 when it renovated a vacant building located at 2265 Third Avenue at 123rd Street, purchased from the State of New York in 2000, and built out a state-of-the-art facility relocating all of the Health Center's services and EHCHS's administrative functions to this new building. EHCHS has significantly and continuously increased the level and range of services it provides to the East Harlem community. In 2020 and to the current period EHCHS/BNHC has been in the forefront of providing services, information and support during the COVID-19 pandemic . And thanks to the dedication and commitment of our providers, clinical support staff and administrative staff Boriken was not closed for even a single day during the worst period of this public health emergency making sure our community received the healthcare and social services needed. We will continue to ensure that EHCHS/ BNHC is here serving the community for another sixty years and more.



Dr. Adam Aponte

Saludos,

We hope you and your families are well and had a great summer. Our Health Center continues to work hard to provide the very best primary and preventive care services to our community. Since our last newsletter we are pleased to share that we have now expanded our Women's Health services and now offer prenatal care. We have a wonderful team here that will work with mothers and families to provide all prenatal care with deliveries done at either Mount Sinai or Metropolitan Hospitals. Another service we recently added to our Dental services is Oral Surgery. This is a great addition and will make it easier for our patients who require this service. On Saturday, September 17th we hosted a wonderful health fair where we offered health screenings, education, and resources as well as great entertainment to our community. We celebrated the kick-off of Hispanic Heritage month at this event.

With the fall season upon us we want to remind you all to make sure you get your yearly Flu shots. We realize that with COVID we have not been as focused on Influenza however it is important to remember that Influenza causes more deaths per year than COVID particularly for our elderly population, our very young population and individuals with chronic illnesses such as high blood pressure, Diabetes, Cancer, etc. While you are here to get your Flu vaccine take the opportunity to get your new bivalent COVID booster that is now available to patients 12 years and older and soon will be available to those 6 months and older.

As a reminder, with the school year having begun, we have availability of Pediatric services for your children. We have our pediatricians available 6 days per week and hope you will take advantage and bring your children in for routine visits, immunizations, sick visits or any other pediatric related healthcare needs.

As always, we would again like to thank you for your support and allowing us to serve you and this community. We continue to be honored to provide essential healthcare to this community and take this responsibility with the utmost seriousness. Stay Safe and Be Well!

Adam Aponte, MD, MSc, FAAP
Chief Medical Officer
Boriken Neighborhood Health Center.

Boriken Health Fair 2022!

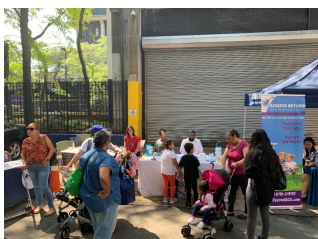
¡Feria de la Salud de Boriken 2022!

On Saturday September 17th, Boriken hosted the Annual Health Fair!

With over 30 organizations attending, We had numerous activities in store for our East Harlem Community from Games to Live Entertainment, Screenings, Resources, Face Painting, Zumba, & more!

El Sábado 17 de Septiembre, Boriken organizó la Feria Anual de la Salud!

Con la asistencia de más de 30 organizaciones, Tuvimos muchas actividades para nuestra comunidad de East Harlem desde Juegos para Niño(a)s, Entretenimiento en Vivo, Exámenes, Pintura de la Cara, Zumba y más!



Organizations at our Fair!

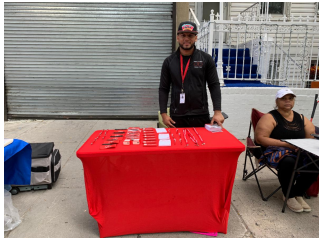
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¡Organizaciones en Nuestra Feria!

We had over 30 organizations at the Boriken Health Fair, presenting the community with many of the resources that are needed within our East Harlem community!

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Tuvimos más de 30 organizaciones en la Feria de Salud de Boriken, presentando a la comunidad muchos de los recursos que se necesitan dentro de nuestra comunidad de East Harlem!



Boriken Fair Staff

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Personal de la Feria de Boriken

Thank you to to our the staff that participated in our Health Fair this year!

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Gracias a nuestro empleados que participó en nuestra Feria de Salud este año!



Miss the Fair? Check out the links below to see how it went:

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Te Perdiste la Feria? Chequee los enlaces a continuación para ver cómo fue:

Recap Video/Vídeo de Resumen :

[https://www.tiktok.com/@bnhc2265/video/7145823094790376750?
is_from_webapp=1&sender_device=pc&web_id=7127267545157977643](https://www.tiktok.com/@bnhc2265/video/7145823094790376750?is_from_webapp=1&sender_device=pc&web_id=7127267545157977643)

Recap Video pt. 2/Vídeo de Resumen Parte 2 :

[https://www.tiktok.com/@bnhc2265/video/7145942004827000106?
is_from_webapp=1&sender_device=pc&web_id=7127267545157977643](https://www.tiktok.com/@bnhc2265/video/7145942004827000106?is_from_webapp=1&sender_device=pc&web_id=7127267545157977643)

360 Booth/Cabina de Fotos:

[https://www.tiktok.com/@bnhc2265/video/7146309628257717550?
is_from_webapp=1&sender_device=pc&web_id=7127267545157977643](https://www.tiktok.com/@bnhc2265/video/7146309628257717550?is_from_webapp=1&sender_device=pc&web_id=7127267545157977643)

Organizations at Boriken Fair/Organizaciones en la Feria de Boriken :

[https://www.tiktok.com/@bnhc2265/video/7146590423878733099?
is_from_webapp=1&sender_device=pc&web_id=7127267545157977643](https://www.tiktok.com/@bnhc2265/video/7146590423878733099?is_from_webapp=1&sender_device=pc&web_id=7127267545157977643)

Live Entertainment/Entretenimiento en Vivo:

[https://www.tiktok.com/@bnhc2265/video/7146652786673913134?
is_from_webapp=1&sender_device=pc&web_id=7127267545157977643](https://www.tiktok.com/@bnhc2265/video/7146652786673913134?is_from_webapp=1&sender_device=pc&web_id=7127267545157977643)

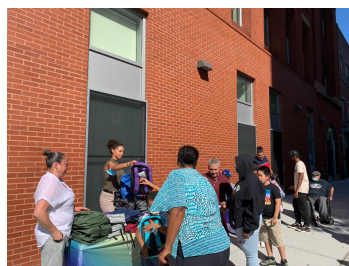
Photos/Fotos:

[https://www.dropbox.com/sh/4qa2ekiwwu5jp57/AABCs_pRLeyq1hHf6f7
GwAzsa?dl=0](https://www.dropbox.com/sh/4qa2ekiwwu5jp57/AABCs_pRLeyq1hHf6f7GwAzsa?dl=0)

Boriken Bookbag Giveaway

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Sorteo de Mochilas de Boriken



On Sept. 1st, Boriken hosted a **Back-to-School Bookbag Giveaway!** Handing out over 600 Bookbags filled with a variety of supplies including pens, notebooks, folders, and more. The children were all prepared & ready to go for the new school year!

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El 1 de Septiembre, Boriken organizó un **Sorteo de Mochilas Para el Regreso a la Escuela!** Entregando más de 600 mochilas lleno de una variedad de suministros que incluyen bolígrafos, cuadernos, carpetas y más. Los niño(a)s estaban preparados para comenzar el nuevo año escolar!

Gov. Hochul Visits Boriken

Gobernadora Hochul Visita a Boriken



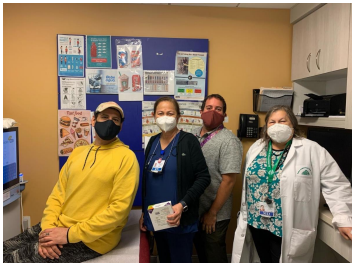
On Sept. 7th, Governor Kathy Hochul visited Boriken! With the help of our Director of Nursing, Ms. Esnydelle Etienne, Gov. Hochul was able to get her COVID-19 Bivalent Booster.

El 7 de Septiembre, la Gobernadora Kathy Hochul visitó Boriken! Con la ayuda de nuestra Directora de Enfermería, Sra. Esnydelle Etienne, Gobernadora Hochul pudo obtener su Refuerzo de Bivalent para COVID-19.

Watch The Full Video
Here!

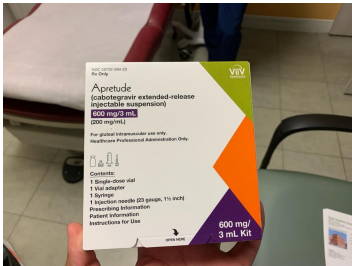
PrEP Injection at Boriken!

Inyección de PrEP en Boriken!



Great news from our PrEP Department. We now have the Injectable PrEP available at Boriken! Call us today to find out more information at 212-289-6650.

Buenas noticias de nuestro Departamento de PrEP. Ya tenemos disponible la PrEP Inyectable en Boriken! Llámanos hoy para obtener más información al 212-289-6650.



Upcoming Events:

Próximos Eventos:

**10/25: On-Site Event, 2265 3rd Ave,
1PM-3PM**

HIV/Hep-C Screenings
PrEP & PEP Information
Health Screenings
And More!

Pruebas de VIH/Hep-C
Información de PrEP & PEP
Exámenes de Salud
Y Más!

**10/29: Autumn Aid Fair, 163 E 111th St,
1PM-4PM**

Giveaways
Clothing & Hygienic Donations
COVID-19 At-Home Test Kits
Information on our Services & Programs

Obsequios
Donaciones de Ropa e Higiene
Pruebas Caseras de COVID-19
Información sobre nuestros Servicios y Programas

Boriken Neighborhood Health Center | East Harlem Council for Human Services, Inc.

Getting Better Together



East Harlem Council for Human Services, Inc.
2265 Third Avenue, New York, NY 10035 212-289-6650

Have any questions?
Call us at: **212-289-6650**

Visit our website:
www.boriken.org

East Harlem Council for Human Services, Inc. | 2265 Third Avenue, New York, NY 10035-2231

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