

Dec. 2022
Newsletter

East Harlem Council for Human Services, Inc.

BORIKEN
NEIGHBORHOOD HEALTH CENTER

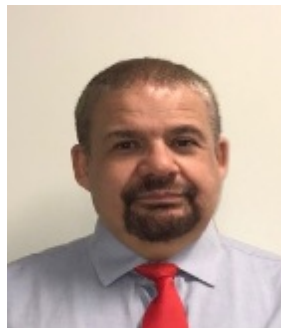
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A Message From Our CEO

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Un Mensaje de Nuestro Director Ejecutivo

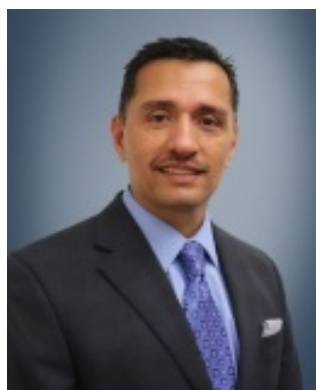
Arturo Perez



Arturo Perez

As I sit down to write this last message of 2022 I reflect on the events of 2022 and all the major accomplishments and goals completed and the challenges ahead for all of us as an organization. In a greater sense the coming challenges as citizens of our nation, state, community and of East Harlem Council for Human Services is that beyond the immediate short term goals and objectives there is a greater underlying commitment that cannot be mandated in a top-down manner, but rather flows from the everyday habits and commitments of all of us ---- showing up, doing the work, listening, striving, and giving of ourselves generously while always reaching for the best outcomes. Healthy commitment is integral to maintaining and restoring grassroots commitment to the common good. For the coming year lets all strive to do our best work to keep grounded and connected and manifest our new logo CATER (C=Communication, A= Accountability, T= Teamwork, E= Empathy, R= Responsibility) in support of the good works we do for our community, our patients and ourselves

“ Truth comes as a conqueror only to those who are not willing to receive it as a friend.”
- R. Tagore



Dr. Adam Aponte

Greeting All,

First as always, we hope that you and your families are doing well and staying safe. As we close out 2022 we wanted to once again remind you that our health center continues work to provide the community we serve with the best primary and preventive care services you need and deserve. We remain honored that you have selected our organization to help you with your health care needs and we take this responsibility very seriously. As we reflect on 2022 we know there are many things we need to continue to work on to further improve upon our service however there are many things that we are proud to have accomplished this past year and want to take a moment to highlight some of our achievements. Starting with COVID, we continue to see ups and downs related to COVID infections. We were one of the first health centers in this community to obtain and offer COVID vaccinations and in 2022 we were the only health center in this community to offer both Pfizer and Moderna vaccinations 6 days a week with or without an appointment. We have vaccinated over 5000 individuals this year of all ages starting from 6 months old. We will remain committed to this effort and hope that by now you have all taken advantage of this potentially life-saving vaccination. We are proud to have stabilized our Pediatric services and now have 3 wonderful, well educated, board certified, full-time Pediatricians available and have extended Pediatrics services to Saturdays as well. We were also excited to have re-launched our prenatal services in September of 2022 after a 5-year hiatus. Offering high quality and easily accessible prenatal care to mothers in our community was very important to us. Our goal is to create a robust Women's Health service that supports all of women's needs and this service allows us to do just that. In 2022 we focused a great deal on community engagement and health education. We held regular outreach activities right outside our door, often twice a month, offering patients information on all types of health conditions. We were particularly focused on screening for HIV and Hep C as well as Depression. Along this line we hosted a wonderful health fair on September 17th which not only provided information about health conditions but also community resources available through our partners. The fair was a big success and a lot of fun with games, entertainment and great music. We continue to expand our dental services adding additional staff and now we have brought on board an Oral Surgeon for those patients who are in need of such care and cannot travel to some of the referral sites we have been utilizing. Finally, we have done a good deal of work on our organizational culture, ensuring our staff understand the important role we play in the community and how this community relies on all of us to do our jobs. We have adopted a new set of values that we feel should represent how we engage with each other and our community. Those values are CATER (Communication, Accountability, Teamwork, Empathy and Respect.) In 2023 we will work to ensure these values are part of the fabric of our organization.

We would like to thank you all for your continued support and for allowing us the privilege to care for you and your families. We wish you and your families a happy, healthy and safe holiday season and look forward to continuing our work with you next year and the years to come.

Adam Aponte, MD, MSc, FAAP
Chief Medical Officer
Boriken Neighborhood Health Center

2022 Thanksgiving Turkey Giveaway

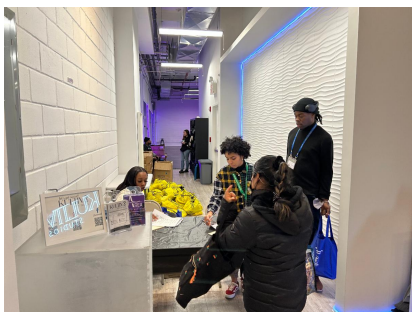
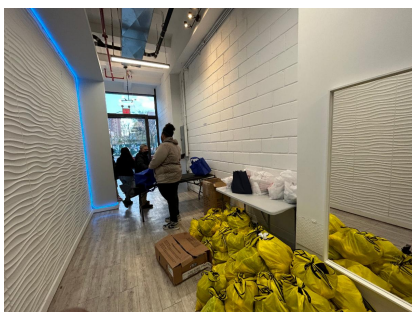
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Sorteo de Pavo para el Acción de Gracias 2022

This year Boriken did their Thanksgiving Turkey Giveaway. With the help of St. Francis Food Pantry, Foodtown, City Fresh Market, Pioneer, & The Boys Club of NY, we were able to give out over 200 turkeys in the span of 2 days! As well, with assistance from our friends at Kultiv8 Studios, we were able to hand out the turkeys for our patients at their studio! We also had about 200 bags filled with perishables/non-perishables given to us by MetroPlusHealth & St. Francis Food Pantry to hand them out with the turkeys that were being given away.

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Este año, Boriken hizo su Sorteo de Pavo de Acción de Gracias. Con la ayuda de St. Francis Food Pantry, Foodtown, City Fresh Market, Pioneer y The Boys Club of NY, pudimos repartir más de 200 pavos en 2 días! Además, con la ayuda de nuestros amigos de Kultiv8 Studios, pudimos repartir pavos para nuestros pacientes en su estudio! También recibimos alrededor de 200 bolsas llenas de comida que nos dieron MetroPlusHealth y St. Francis Food Pantry para repartirlos con los pavos que se estaban regalando.



Boriken Holiday Toy Distribution

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Distribución de Juguetes Navideños de Boriken

Over the span of 2 days, Boriken was able to hand out over 450 toys to children & families around the city at our toy distributions! Thank you to the companies & organizations that helped us run this! El Barrio Toy Drive, La Fonda Boricua Restaurant, MetroPlusHealth, Little Essentials, Toys for Tots, Bob's Discount Furniture, Second Chance Toys, Unidos Si Se Puedes, Inc., New York HealthCare HomeCare, Henry J. Carter Specialty Hospital, Latina's Hat Society and all of our staff & patients that donated to our toy drive. As well, we had a number of migrants come visit us & sign up for the toy distribution, we decided to set up a section filled with new/gently used clothing donations to help them, especially with winter already here.

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Durante 2 días, Boriken pudo entregar más de 450 juguetes a niño(a)s y familias de toda la ciudad en nuestras distribuciones de juguetes! Gracias a las compañías/organizaciones que nos ayudaron! El Barrio Toy Drive, La Fonda Boricua Restaurant, MetroPlusHealth, Little Essentials, Toys for Tots, Bob's Discount Furniture, Second Chance Toys, Unidos Si Se Puedes, Inc., New York HealthCare HomeCare, Henry J. Carter Specialty Hospital, Latina's Hat Society, y todo nuestro personal y pacientes que donaron a nuestra colecta de juguetes. Además, con un número de inmigrantes que visitaron y se registraron para la distribución de juguetes, creamos una sección llena de donaciones de ropa nueva y usada para ayudarlos, especialmente con el invierno ya aquí.



East Harlem Council for Human Services, Inc.
Values

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East Harlem Council for Human Services, Inc.
Valores

This year during our Staff Development Day, we decided what are the most important values we all need to focus on to ensure patient satisfaction & quality care.

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Este año, durante nuestro Día de Desarrollo del Personal, decidimos cuáles son los valores más importantes en los que debemos centrarnos para garantizar la satisfacción del paciente y una atención de buena calidad.

The values our staff decided on were:

WE CATER TO THE NEEDS OF
OUR STAFF & COMMUNITY WITH:

C: COMMUNICATION

A: ACCOUNTABILITY

T: TEAMWORK

E: EMPATHY

R: RESPECT

Employees of the Year

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Empleados del Año



This year, the employees of the year were decided by looking at who were the employees that best represented our new values (CATER). These were the ones that best aligned with the values:

Este año, los empleados del año fueron los que mejor representaron nuestros nuevos valores (CATER). Estos fueron los que mejor se alinearon con los valores:

Antoinette Campbell
Valentino Hernandez
Marlene Genao
Michelle Medina
Yolanda Morales
Maria Diaz
Nelson Cruz
Gino Zunino
Desiree Contreras

Congratulations to you all!
Keep up the amazing work to
help EHCHS bring the best
quality care to our patients &
community.

Felicidades a todos! Sigan su
increíble trabajo para ayudar a
EHCHS brindar atención de la
mejor calidad a nuestros
pacientes y la comunidad.

Recent Migrants Coming to NYC

Migrantes Recientes que Estan Viniendo a NYC

Over the last few months, many migrants have been arriving in New York City & companies and organizations have been working day in and day out to ensure they are given proper care. Including some of our partners in EHCHS! With referrals coming from MetroPlusHealth, Healthfirst, and even our own School Health Program! Boriken has worked with these partners to take in migrants & treat them with the proper care they need. Whether that's healthcare, assistance on finding clothes including donations of newly and gently used, clothes shoes, winter gear & even some resources.

En los últimos meses, muchos inmigrantes han estado llegando a la ciudad de Nueva York y las compañías/organizaciones han estado trabajando día tras día para garantizar que reciban la atención adecuada. Incluyendo algunos de nuestros socios en EHCHS! Con referencias provenientes de MetroPlusHealth, Healthfirst e incluso de nuestro propio Programa de Salud Escolar! Boriken ha trabajado con estos socios para acoger a los inmigrantes y tratarlos con la atención adecuada que necesitan. Ya sea atención médica, asistencia para encontrar ropas como donaciones de ropas nuevos y usados en buen estado, zapatos y ropa de invierno. Tambien ayudar buscar algunos recursos.





Have any questions?
Call us at: 212-289-6650

Visit our website:
www.boriken.org

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